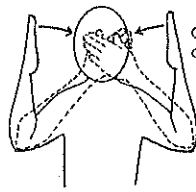


Index fingers close onto thumbs, then hands move outwards

Silent



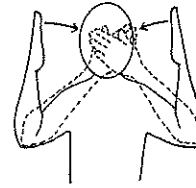
Gradually cover eyes

night



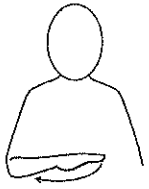
Make small circle with upper fist above other palm then lower fist onto palm

Holy



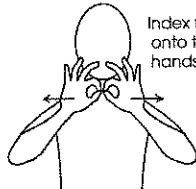
Gradually cover eyes

night



All

is



calm

Index fingers close onto thumbs, then hands move outwards

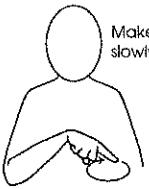


all

is



bright.



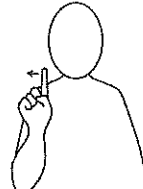
Make circle slowly

Round



Tap twice on word for Mother

Virgin Mother



and

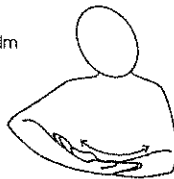


child



Make small circle with upper fist above other palm then lower fist onto palm

holy



infant

so



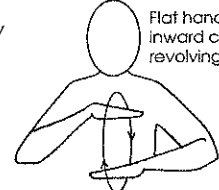
tender

Press fingertip once gently into cheek



and

Make very small sign

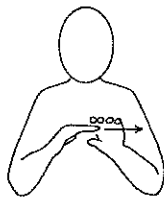


Flat hands make inward circular revolving movement

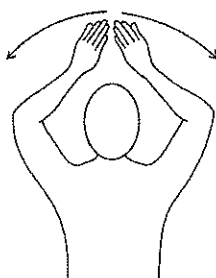
mild.



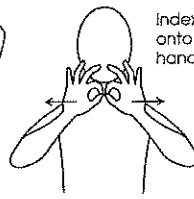
Sleep



in



heavenly

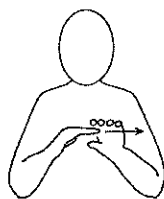


peace.

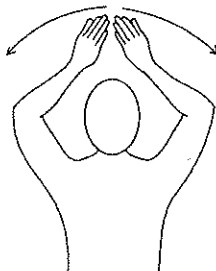
Index fingers close onto thumbs, then hands move outwards



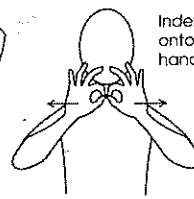
Sleep



in



heavenly



peace.

Index fingers close onto thumbs, then hands move outwards