

Personal, Social and Health Education at Ladbrooke



INTENT

At Ladbrooke we want our children to develop the knowledge, skills and attributes they need to keep themselves healthy, safe and able to form and maintain positive relationships with others. Our aim is that our children *develop an understanding of the ever-changing world in which they live, develop the skills necessary to take an active role in their community and manage their life effectively*. We aim to encourage mutual respect, resilience, pride and independence in a supportive and caring atmosphere. We want our children to feel secure in themselves and know when to ask for help either for themselves or someone close to them.

IMPLEMENTATION

Our PSHE curriculum has been built with our children in mind. As a school we have taken the objectives for this subject and created a spiral curriculum which builds on each requirement at a level best suited to the age it's being taught to.

PSHE is taught through both discreet teaching sessions and also through our cross curricular topics.

Each half term we focus on one topic across the school. Each topic is launched with an assembly and then lessons are delivered through a 30 minute session per week taught by the class teacher.

The remainder of the topics are taught through our creative curriculum which provides excellent opportunities to set those topics within a context which would enhance their understanding on how this could impact their everyday life.

There are 13 PSHE Topics. The first six are taught discreetly each half term of the year and the rest are taught through our cross curricular topics.

- Families and people who care for me.
- Caring Friendships.
- Respectful Relationships.
- Online Relationships.
- Being Safe.
- Mental Wellbeing.
- Internet safety and harms
- Physical health and fitness.
- Healthy eating.
- Drugs, alcohol and tobacco.
- Health and prevention.
- Basic first aid.
- Changing adolescent body.

The skills promoted through PSHE are:

*Respect,
Resilience,
Pride,
Independence,
Empathy,
Responsibility,
Listening skills,
Communication,
Trust,
Reflection,
Growth mind-set,*

IMPACT

CLASS TEACHERS

Assesses learning and progress of children and identifies next steps for lesson

CLASS TEACHERS

Evaluate topic and take in views of pupils to amend and improve next time

CLASS TEACHERS

Assess pupils on key skills/knowledge

SUBJECT LEADERS

Monitor pupil work, through book looks and pupil voice

SUBJECT LEADERS

Analyse data from assessment questionnaires and identify whole school issues

SLT

Meet with subject leaders, carry out book looks, use information to inform SIP