

Next week is an important week in your educational journey when you will sit your SATs for maths, reading, spelling, grammar and punctuation.

We know how hard you have worked and that you will try your absolute best in every test but there is something very important you must know:

The SATs do not assess all of what makes each of you special and unique. They do not know that some of you speak two languages or that you love to sing or draw. They have not seen your natural talent for dancing or playing a musical instrument. They do not know that your friends can count on you to be there for them; that your laughter can brighten up our classroom or that your face turns red when you feel shy. They do not know that you wonder about your future, or that you are so patient and caring towards your fellow classmates.

They do not know that you are kind, trustworthy and thoughtful and that every day you try to be your very best.



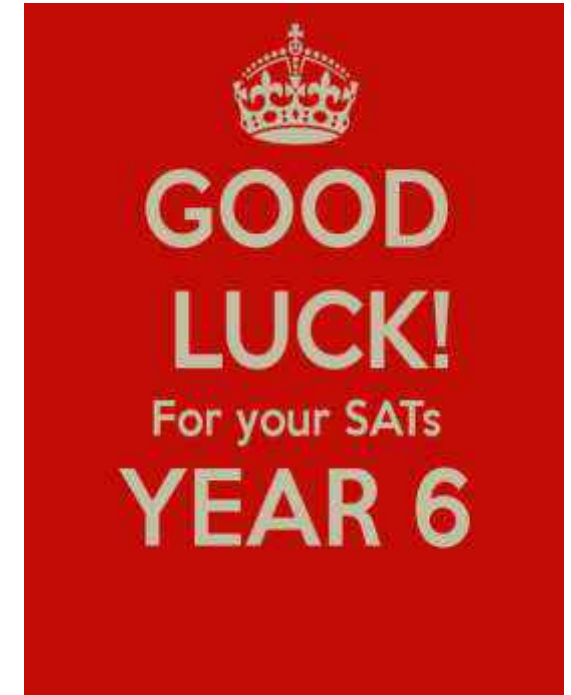
The results that you will receive from the test will give a snapshot of your academic abilities in English and Mathematics under test conditions, but they will not tell you everything about you all your learning and achievements throughout your time at Primary school. They also won't show how much more growth you will make in your learning after the tests and at Secondary school. There are many ways of being smart.

So while you are preparing for the test, in the midst of it all, remember that we think you are great and there is no way to 'test' all of the amazing and awesome things that make you, **YOU!**

We are all very proud of you!

Date	Activity
Monday 9 May 2022	English grammar, punctuation and spelling papers 1 and 2
Tuesday 10 May 2022	English reading
Wednesday 11 May 2022	Mathematics papers 1 and 2
Thursday 12 May 2022	Mathematics paper 3

Get Set For



SATs 2022

Ideas To Help Before and During The Week of the SAT's Tests

One of the most important things to try to ensure you do is to get enough sleep! Your brains will not work as well if you are tired. You need to try to make sure you go to bed at least an hour earlier than you would normally the night before your tests.



You should try to relax a bit, have some time off by reading your favourite magazine or book.



If you play on your Console or Computer, make sure this is switched off at least an hour before you go to sleep as this can disturb really good sleeping patterns.

Remember this is only for one week of your life! So give yourself the best chance you can. Guaranteed, all teachers will be doing this too!

Eating and Drinking

Drinking

Our brains need regular amounts of water to keep hydrated, this ensures they work at their 'optimum power'. A really good piece of advice is to make sure you drink plenty of water leading up to and during the week of the tests. Regular sipping will keep your brain switched on and help you remember things!



Y6 Breakfast Club

Breakfast is VITAL to have during the SATs week, because of this the school will be opening a special FREE SATs breakfast club.

It will run every morning from Monday 9th May until Thursday 12th May. Year 6 pupils need to arrive at school from 8:00am on these days. It has proven to be a brilliant way of starting the day in a positive, healthy and enjoyable atmosphere. It allows everyone to get rid of their 'test' nerves.



Revising

Lots of things you have been learning and doing in your lessons this term have been to try to help you revise for your SATs. You will have stored a lot of information already, even if you don't think you have.



Use this week to go over the things you are not sure about. Your teacher has been providing revision sessions and if, from these, you realise that you need to go over key facts, do it this week.

You have all worked really hard towards the tests, so this is a good opportunity to show what you know and can do. We are all here for you and will make sure you feel as comfortable as possible by making the week as fun as possible.

Let's do this!