

# Scheme of Work

## Puberty, Relationships and Reproduction

# Year 6

**Word Box:** Womb, sperm, egg, conception, fertilisation, pregnancy, sexual intercourse, twins, fostering, adoption, relationship, friendship, love, consent, intimacy, communication, personal/private information, internet safety.

| <p><b>PSHE Programme of Study</b><br/> <b>Health and Wellbeing</b></p> <ul style="list-style-type: none"> <li>• how their body will, and emotions may, change as they approach and move through puberty</li> <li>• about human reproduction</li> <li>• the importance of protecting personal information, including passwords, addresses and the distribution of images of themselves and others</li> </ul> <p><b>Core theme 2:</b><br/> <b>Relationships</b></p> <ul style="list-style-type: none"> <li>• to be aware of different types of relationship, including those between friends and families, civil partnerships and marriage</li> <li>• to recognise what constitutes positive healthy relationships and develop the skills to form them</li> </ul> | <p><b>Learning Intentions and Learning Outcomes</b></p> <p><b>Learning Intention</b><br/>           To consider puberty and reproduction</p> <p><b>Learning Outcomes</b><br/>           Describe how and why the body changes during puberty in preparation for reproduction<br/>           Talk about puberty and reproduction with confidence</p> | <p><b>Lesson Title</b></p> <p><b>Lesson 1</b><br/> <u>Puberty and Reproduction</u></p>  | <p><b>Resources</b></p> <p>Puberty Changes Teacher Guide<br/>           Puberty Body Part cards<br/>           Reproduction question sheet<br/>           Reproduction answer cards<br/>           Reproduction whiteboard summary</p> <p><b>Additional Activities</b><br/>           Year 6 Puberty Problem Page<br/>           Year 6 Puberty Problem Page Cut-outs<br/>           Year 6 Puberty Problem Page Teacher Guide</p> |
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| <p><b>Learning Intention</b><br/>           Consider physical &amp; emotional behaviour in relationships</p> <p><b>Learning Outcomes</b><br/>           Discuss different types of adult relationships with confidence<br/>           Know what form of touching is appropriate</p>   | <p><b>Lesson 2</b><br/> <u>Understanding Relationships</u></p>  | <p>Relationship pictures<br/>           Squares of paper/sticky notes<br/>           Anonymous Questions template</p> <p><b>Additional Activities</b><br/>           How Babies are Made DVD programme: All About Us: Living and Growing Alternative; Unit 3 Programme 7. <a href="http://www.channel4learning.com/">http://www.channel4learning.com/</a></p>   |  |
| <p><b>Learning Intention</b><br/>           To explore the process of conception and pregnancy</p> <p><b>Learning Outcomes</b><br/>           Describe the decisions that have to be made before having a baby<br/>           Know some basic facts about pregnancy and conception</p>  | <p><b>Lesson 3</b><br/> <u>Conception and Pregnancy</u></p>   | <p>How Does A Baby Start? cards<br/>           How Does A Baby Start? whiteboard summary<br/>           Anonymous Questions from previous lesson</p> <p><b>Additional Activities</b><br/>           Conception and Pregnancy statements<br/>           Conception and Pregnancy Quiz<br/>           Conception and Pregnancy Quiz Answers<br/>           Pictures of male and female reproductive organs<br/>           Model materials: dried spaghetti (fallopian tubes) and poppy seeds (eggs)</p> |  |
| <p><b>Learning Intention</b><br/>           To explore positive and negative ways of communicating in a relationship</p> <p><b>Learning Outcomes</b><br/>           To have considered when it is appropriate to share personal/private information in a relationship<br/>           To know how and where to get support if an online relationship goes wrong</p>  | <p><b>Lesson 4</b><br/> <u>Communicating in Relationships</u></p>   | <p>Relationship Question cards<br/>           Communication Scenario Cards<br/>           Communication Scenarios answers<br/>           Communication Scenarios whiteboard summary</p> <p><b>Additional Activities</b><br/>           Film clip from <a href="http://www.thinkuknow.co.uk">www.thinkuknow.co.uk</a></p>  |  |